

THE ULTIMATE GUIDE TO SPRING CLEANING

FREE PDF CHECKLIST



FILIP Professional
Cleaner Solutions

Spring Cleaning Checklist



General Cleaning

- Sweep and mop or vacuum all floors and rugs
- Dust all surfaces, including furniture, shelves, and decor
- Empty all trash cans and replace liners
- Wipe down all appliances, including the stove, oven, microwave, and refrigerator
- Wipe down mirrors and windows
- Disinfect all high-touch surfaces, such as doorknobs, light switches, and countertops
- Clean and sanitize toilets, sinks, and showers/bathtubs
- Straighten up and organize all living spaces

Kitchen Cleaning

- Clean and sanitize all surfaces where food is prepared, including countertops, cutting boards, and sinks
- Clean the stovetop, oven, and microwave
- Clean and organize the refrigerator and freezer, disposing of expired food items
- Wash dishes and clean the sink

Bathroom Cleaning

- Clean and sanitize toilets, sinks, and showers/bathtubs
- Clean mirrors, windows, and any other surfaces
- Replace towels and bath mats
- Empty and clean the trash can

Bedroom Cleaning

- Change the sheets and pillowcases
- Dust all surfaces, including furniture, shelves, and decor
- Vacuum or sweep the floor and rugs
- Straighten up and organize the closet and dresser

Other Cleaning Tasks

- Clean windows and screens
- Dust blinds and curtains
- Clean light fixtures and ceiling fans
- Clean and dust baseboards and molding
- Deep clean carpets and upholstery
- Clean and organize the garage or storage areas



Shop Supplies

